



Kentucky Bourbon Festival  
One Court Square  
Bardstown, KY 40004  
[www.kybourbonfestival.com](http://www.kybourbonfestival.com)

## **PRESS RELEASE - PSA**

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**FOR IMMEDIATE RELEASE -**

### **SIP AND SAVOR IN THE SPIRIT OF OLD KENTUCKY**

2010 is the 19<sup>th</sup> year of the annual Kentucky Bourbon Festival, and the inaugural year of "Sip and Savor in the Spirit of Old Kentucky. Lara Guerra, owner and contributing writer, of Angel's Share Magazine, and Bourbon and food pairings aficionado will make her way from San Francisco to Bardstown the third week of September to host the new event. Lara has chosen six Bourbon brands to pair with delectable dishes such as Warm Backed Brie with Truffle Honey, White Corn Cakes with Smoked Salmon Chipotle Crème and Roasted Shallots, Cream of Potato Sour with Gruyere and Caraway, Bananas Flambé with Cinnamon and Ice Cream, and Caramelized Granny Smith Apple Galletle with Walnut Brittle. Pre-select the Bourbon brands paired with the recipes to test your Bourbon and food pairings palette, and skills and compare with Lara's selections. In her presentation, Lara will present the food and Bourbon pairings and provide detailed information why certain Bourbon flavors match and pair best with selected dishes. Lara will answer questions relative to other pairings. It may be a first year event, but one you will not want to miss.

The event will be held in The Loft at Spalding Hall on Fifth Street from 1 pm to 3 pm on Saturday September 18<sup>th</sup>. Tickets are \$40 plus tax and may be purchased directly from the Kentucky Bourbon Festival office at One Court Square, or call 800-638-4877, Ext. 4, or on-line at [www.kybourbonfestival.com](http://www.kybourbonfestival.com).

As with all festival events in which alcohol is served, patrons must be 21 years age to participate.

(The Kentucky Bourbon Festival is a non-profit organization. This press release may be downloaded from our website.